



ILLUMINATE

Potential Coaching Outcomes

	CLARITY	TRANSFORMATION	FULFILLMENT
Emotional	Peace. Stillness. No more spinning in the monkey mind.	Moving past old stories that no longer serve you. A fresh viewpoint.	Deep satisfaction. Joy. Excitement to start each day.
Financial	Abundance mindset vs. lack mindset. No more wasting time and money.	Opening up to new opportunities.	No more spending on frivolities to fill the void.
Spiritual	A deep sense that you KNOW what to do.	Being more truly *you*. A life lived in integrity.	No more second-guessing. A deeper connection to life.
Practical	The ability to create a clear action plan that you can follow starting now.	A whole new way of being in the world, from the inside out vs. the outside in.	A life lived with purpose and intent. An ability to refrain from food, substances, addictions, spending that were a previous source of fulfillment.

Kristin

SCHEDULE A CONVERSATION

illuminateacttwo.com